



FLY PAPER

June 2014

Vol. 37

162



Casting for Recovery's program combines counseling, medical information and the therapeutic sport of fly-fishing to address quality of life issues for breast cancer survivors. Retreats are offered at no cost to women at any age and in any stage of breast cancer treatment and recovery. Participants are introduced to the rhythmic motion of fly-casting – an ideal physical therapy for exercising the joints and soft tissues affected by radiation and surgery. More importantly, participants also have the opportunity to learn ways to improve their quality of life after diagnosis, bond with other women in similar circumstances, and find new strength and confidence.

Founded in 1996, the CfR program has held 486 retreats to date and served more than 6500 women across the country. The Washington Program of Casting for Recovery began in 2000 and has held 14 retreats to date. Any woman who has or has had breast cancer, and resides in Washington, is eligible to apply for this retreat. Fourteen women are selected at random to attend the retreat and all meals, lodging, counseling, instruction, and supplies are provided at no cost to participants. The next Washington retreat will be held at the Whistlin' Jack Lodge in Naches on September 26-28, 2014. Please visit the Casting for Recovery website – www.castingforrecovery.org - for more information or to apply for a retreat. For more information please contact Kelli Armstrong, Program Coordinator for CfR Washington, at 425/275-6633 or pkellia@gmail.com.

Outings

June Open, since Tom will be in B. C. If someone has an idea for a June outing, and/or would like to spearhead same, please contact him or any board member.

July Traditional Carp outing, but we might consider an outing for bass instead.

August No outings or meetings planned but he'll host nights on the heights, AKA treks to our local lakes and ponds.

LOOKING UPSTREAM

June 19, 2014

WVFF General Meeting
Wenatchee Eagles Lodge
BRING A GUEST

Wet Fly Hour 5:45 pm
Dinner 6:30 pm
Program 8:00 pm

Fly Fishing
the Spokane River
Sean Visintainer



You may remember our presenter from his June 17, 2010 and November 17, 2011 presentations.

Board Meeting Minutes May 1, 2014

Present: Gary Anderson, Al Smith, Eric Rainbolt, Tom Rowe, Tom Whiteside, , Danny Horan, Bruce Merighi, Rob Winters, Harry Lane—Acting Secretary

Absent: Steve Harvey, JoAnn Lane

President Rob Winters called the meeting to order at 5:30 p.m. Minutes of the April 17, 2014, general meeting minutes were approved as submitted.

COMMITTEE REPORTS

Conservation & Education: Rob Winters

- reported that he and Jack Squires are working with the Boy Scouts to assist those interested in completing a fishing merit badge. They will be meeting with the scouts Saturday, June 19 at Scout-a-Vista near Beehive Reservoir. Additional help is welcome.
- provided specifics for those assisting at the Ellensburg Conclave May 3 and 4, 2014.

Membership: Eric Rainbolt provided an updated membership list. The new list reflects deletions of those who have failed to pay applicable dues prior to May 1. He asked board members to review it and provide him with any changes or suggestions.

In addition, the board discussed concerns about making sure new members are recognized and made to feel welcome when they attend club meetings. Bruce Merighi agreed to serve as a “guide for potential and new members.” This will be discussed further and more efforts directed towards outreach.

Ghillie: Danny Horan had nothing to report

Treasurer: Al Smith had nothing new to report.

Outings: Tom Whiteside reported that the Blue Lake outing was a success judging by the great fishing and large membership turnout. The next outing is scheduled for May 16-18 at Big Twin Lake (located between Twisp and Winthrop).

Programs: Gary Anderson reported that professional guide Greg Darling’s June program will focus on fishing for smallmouth bass in the Columbia and will include discussion of local bass waters.

Publications: Bruce Merighi shared the J. Russell proposal to develop a website for the club which Bruce emailed to the board on May 29, 2014. A discussion was held concerning the proposal's standard items (\$840, payable 50% down and 50% at completion). Optional items including blog, forum, online-membership application, user-management system and Facebook page would be at additional cost.

Of Note: Rob Winters reported that he and Harry Lane will work together and review the club's bylaws to reconcile inconsistencies. Rob said the review could result in a recommendation to amend the bylaws.

Old Business:

- ALEA Grant considerations were deferred until those club members involved in the process are available to report. Bruce Merighi advised that we would most likely not know anything until July.
- The board approved the J. Russell proposal for the standard elements website. The board may consider some of the optional elements at a later date.
- Eagle's dinner arrangements were discussed. Rob Winters distributed a summary of 4 options for consideration, along with a copy of the standard Aerie menu. Following discussion, the board determined that "Option 3--\$14 Entre Plan" was the most practical and would be most widely accepted by the membership. This option provides that: 1) Members would purchase drinks at the bar; 2) WVFF would guarantee a 25 plate minimum; 3) The Eagles would sell only 25 places, and members would be able to order from the menus after the minimum plates are sold; 4) Dinner would be entre only, no dessert; 5) WVFF would not pay a room-use fee; and 6) WVFF would not pay a library storage fee.
- Stemilt purchase: Rob Winters announced the completion of the purchase.

New Business:

- Rob Winters provided the draft of a proposed letter to Frank Lundgren regarding Cascade Columbia Fisheries Advancement Group's nutrient program (presented at the April 4, 2014, meeting). Following discussion, the draft was approved with the addition of language reading "The presentation makes a compelling case for using spent fish or salmon analogues to boost nutrient levels in the Chiwawa River on a trial basis."
- Gary Anderson pointed out that Rich DeLorenzo, April's guest speaker and a member of the Methow Valley club, had agreed to make his presentation without a presenter's fee. However, he suggested our club might consider making a donation to the Methow Valley Club for education and conservation purposes. The board discussed and approved a motion to make such a donation. No donation amount was stipulated.

Meeting adjourned at 6:55 p.m. Harry M. Lane Acting Secretary WVFF May 6, 2014

General Meeting Minutes May 15, 2014

Rob Winters called the meeting to order, asked for General Reports and introduced guests_ Melissa Hay and Gary Provo, current fly class members and new members Josh Tarr, Kirk Hinkley and Randy Chapman.

- Outings: The Big Twin Outing is scheduled for May 16-18. The club has reserved a section at Big Twin Campground. There will be a potluck on Saturday evening.
- Conservation/ Education: Volunteers needed: 1) Tom Whiteside and Gary Anderson need caster assistance with the Fly Fishing Class, May 20, Tuesdays from 7 – 9:30 p.m. Contact Gary for additional information. 2) Antilon Lake volunteers are needed for May 28-31. Those wishing to volunteer or who have questions should contact Travis Maitland at DFW for details. 3) The Upper Wheeler Reservoir access project is scheduled for May 22. Contact Steve Harvey. 4) The WVFF will work with local Boy Scouts to provide a fishing merit badge opportunity on June 14. Contact Jack Squires.

Program: Gary Anderson introduced Greg Darling. Greg was a guide for several years with the Gorge Fly Shop in Hood River, Oregon. His presentation focused on smallmouth bass fishing. Important information to consider in locating smallmouth bass included: 1) Rocks, 2) Main River Points, 3) Rip-Rap areas, 4) Spawning areas, and 5) Shallow areas with deep drop off. Selection of flies depends on whether fish are feeding up or down. If they are feeding up, use minnows, frogs or hoppers; if feeding down, use crawfish, sculpin or leaches. Greg can be reached at bassprogreg@gmail.com. Steve Harvey Acting Secretary, WVFF



**P.O. Box 3687
WENATCHEE WA
98807-3687**

A FEDERATION OF FLY FISHERS AFFILIATED CLUB



The FLY PAPER is published monthly Sept – June, by the
Wenatchee Valley Fly Fishers P. O. Box 3687, Wenatchee, WA 98807-3687
WVFF is a federally registered 501 (c) (3) non-profit organization incorporated in WA.

MEMBERS ARE ENCOURAGED TO SUBMIT INFORMATION, SALE ITEMS, PHOTOGRAPHS OR ARTICLES.

E-MAIL YOUR SUBMISSION TO BRUCE401@NWI.NET BEFORE THE 1ST OF THE MONTH.

Save your club \$\$\$\$\$\$ Request a PDF or WORD versions of the newsletter today.