



# FLY PAPER

March 2013

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# 150

## TEACH THE CHILDREN

Mark Your [Calendar](#). We need your volunteer help on May 3 in Ellensburg. That's the morning when Pat Herdt, Don Bolstad and Rob Winters will be leading local school age children in fly-tying workshops, as part of the FFF Conclave. They already have commitments from the Thorp and Easton schools and more are expected to participate in this youth outreach project. This program will continue to expose kids to the art of fly tying and hopefully get them on a fast track to becoming fishers of the fly. Our club has historically been involved with this educational outreach and again this year we'll be joined by the Fidalgo Island Fly Fishing Club who'll be teaching the casting portion of the class.

On Saturday May 4 WVFF is planning to staff the "Learning to Tie Basics" table that is open to the public. Our table will be located in the main tying hall at the Kittitas Event Center, in the Demo Tiers Room. The team listed below needs your name as a WVFF volunteer tier for both sessions. Remember that you don't need to tie a #24 Royal Coachman behind your back with one hand, but if you can make an acceptable Woolly Bugger or Scud that will do just fine. We're just trying to introduce people to what our world, of fooling fish with feather and fur, is all about.

What happens when a child catches a fish on the fly they tied? What impact will your simple act of volunteering a few hours make on a future fisher's life. It's more about showing how tying is a window to being on the water, than exactly how to take an hour trimming a deer hair popper. Volunteer

because you want to spark a light in a young soul, volunteer a few hours to be part of something bigger.

The tier name packets are being put together as you read, so let the team know that you're interested in helping (by April 15<sup>th</sup> please) for either or both the Friday /Saturday tying sessions. Honor the deadline so FFF can include you in the program. It might be a great way to once again get our pretty mug on the front page of the Washington State Council FFF web site. Please contact:

Pat Herdt	923-2525 herdtp2@gmail.com
Don Bolstad	663.0472 bolstad@bellsouth.net
Rob Winters	663-5679 r.s.winters@gmail.com



# LOOKING UPSTREAM

## March 21, 2013

General Meeting *Wear your name tag!*

Wenatchee Eagles Lodge

Wet Fly Hour No Host Bar 5:45 pm

Dinner 6:30 pm

Beef Enchilada Casserole,  
Chicken Roast-Pepper Sauce over Pasta  
Salad, Rice, Beans and Dessert

Program 8:00 pm

John Arterburn, anadromous fish biologist IV,  
with the Confederated Colville Tribes will tell  
us about their fisheries program and  
upcoming fishing opportunities in his back  
yard.

## April 4, 2013

Board Meeting 7:00 pm

Summerhill Place, Wenatchee

## April 18, 2013

General Meeting *Wear your name tag!*

Wenatchee Eagles Lodge

Wet Fly Hour No Host Bar 5:45 pm

Dinner 6:30 pm

Pot Roast w/ Brown Sauce  
Creamy Poblano Sauce over Pasta  
Veggies, Garlic Mashed, Rolls, Dessert

Program 8:00 pm

Methow-area resident Richard DeLorenzo  
"BC Steelhead Fishing on a Shoestring"

# MARCH FLY SKWALA

You've been eating dried apples all day long and you're still hungry. Suddenly your best friend walks into the room with the best (insert name of favorite food here) you have ever seen. The fast is broken as you dig in! Then you wake up and realize that you're a trout that's been feeding on Midges all winter and now you see a big Skwala float into view. Same-Same! The site of an inch long Skwala nymph floating by will capture a trout's attention the way Leavenworth attracts tourists.

Skwala stoneflies are similar to Salmonflies in appearance and habitat. They are from different biological families, however: the Skwalas are kin to

the Little Yellow Stoneflies. Skwalas are also smaller than Salmonflies. The flies used and tactics applied are virtually the same as for Salmonflies, with some adjustment for the Skwalas smaller size.



The nymphs live in swift riffles and runs and then migrate to the shore emerge. Emergence is by walking and not flying. They crawl out of the water into streamside foliage and wait for the party to start. Their body shape is elongated with a slight taper; thorax body color reddish-brown with some yellowish marking on the thorax, nearly triangular wing cases rear triangular front oval, and the antenna is about body length and red brown.



The egg laden females crawl from the vegetation and launch themselves a few feet into the water and there. drop their eggs and go for one final swim. The males hang out in the bush, until they get so bored they also decide to go for a swim. Net-net, the trout either see them crawling towards shore, floating by after being pulled off the bottom or dropping in from above as an exhausted egg layer or branch diver.

Locations:

The most common habitat in which you'll fish is the shorter softer areas between the riffles and the shoreline. Riffles that drop away into deeper water. Rig your fly for a dead drift on the bottom either right in riffles or in the calmer water upstream and down, or off the edges. Just off the fast water that the naturals must pass through in their migration to shore.

Water Temperatures:

Nymphs become active at around 38 to 40°, and the adults usually hatch at the hotter range of 42 to 47°.

### Timing:

Nymph fish in the morning. Start throwing dry adult patterns in the afternoon and evening, when the females return to the water to lay their eggs. Emergence is most important on cloudy days but occasionally they'll lay their eggs on sunny days. Activity is greatest during the warmest hours of mid-afternoon because they need time to crawl to shore and thus emerge.

### Lighting:

While the water temperature is of considerable significance in the timing of the emergence, other factors such as the length of daylight are probably of equal importance.

### The Bug:

#### Sizes:

Adult /Nymph #8-10

#### Color;

Adult Body Drab brown-olive  
Head Yellow markings  
Wings Dark

Nymph Mottles dark brown

#### Bodies:

Adult Males

Wings shorter than the body

Adult Females

Wings extend the length of her body and about half the length of her tails.

### Food for thought:

A nymph detached from the secure bottom does not bounce along the bottom, as so many heavily weighted imitations do, but rides the current helplessly, rising and falling in the water column as the flow dictates.

## SINK THE PATS RUBBER LEGS

An easy-to-tie imitation consisting of mottled olive and black chenille with strands of all of our gold super floss tied in to represent tails, legs and antenna.

The Super Floss legs flex and pulse in the current, adding life to the fly, and the chenille color can be varied to match any shade. Black, brown and variegated golden are all popular colors. This fly is

really simple, but it is a little tricky to get everything to come out in the right place. Placement of the legs is crucial to getting the proportions right.

Hook: Daiichi 2220 # 8-10

Weight: Thin Lead Wire

Thread: Thread: 8/0 Black 8/0 because it doesn't bulk up the leg lashings.

Tail, Legs and Antennae: Super Floss or Spanflex

Body: Medium Brown/Olive Chenille, solid color or variegated.



## FLOAT THE GREEN MACHINE

Originally tied to imitate a Skwala in the Yakima River. Tied with brown/olive two-tone foam, with the olive tied down as the underside of the body to match the greenish belly of a Skwala adult.

Hook: #8-10 2x nymph style.

Thread: UTC 14o denier. I usually use a contrasting color for this fly-like yellow thread against green foam or brown thread against tan foam.

Tail: Brown biots

Foam: Two-tone foam. Total thickness 4mm.

Legs: Medium size round rubber legs.

Underwing: Crystal Flash

Wing: Deer Hair. I tie a few patterns with bleached deer hair as well. The bleached hair is easier to see in low light situations.

Post: White z-lon



The Yakima River Canyon is flowing low and slow, allowing for great walk-n-wade fishing. What are you waiting for?

## COLLEGE ARTS AND SCIENCE

Ever wonder what to get that granddaughter or grandson for their birthday? Ever just want to do something special for someone else? Ever wonder how to get a younger generation focused on fly fishing? Here's your chance!

If the answer is yes to any of the above or other good reasons, sign them up for the Fly Fishing class at Wenatchee Valley College this April and May. Let Gary Anderson and Tom Whiteside provide the basic training and when they're done you'll have a new fishin' buddy.

In the class, the student will learn the art and science of fly fishing. It will help them understand the nature of trout, their feeding habits and other mysteries surrounding this elusive fish.

Our professors will impart knowledge about the equipment that's available for various fish species, an understanding of the variety and application of the classic and basic knots. A fair portion of the class time will be spent developing casting techniques. Each student will have the opportunity to develop fly-tying capabilities that could last a lifetime, skills applicable to lakes and streams. As a WVFF member, the instructors request that you consider signing up to assist with casting and/or tying classes.

Wenatchee Valley College Class ID: 8117

Register Now

Classes run from April 9, 2013 - May 21, 2013  
Tuesdays from 7:00 pm - 9:30 pm (7 sessions)  
Sexton Hall Room 6019 Parking off 9th St.

Tuition: \$89.00

## WORDS OF WISDOM

"There is no greater fan of fly fishing than the worm." Patrick McManus - "Never Sniff a Gift Fish"

## FIRST STEELHEAD



### Andy Cusick's First Steelhead - 7# Buck

An hour after picking up a spey rod for the first time, Andy was smiling for the camera. Caught on the Wenatchee with an Echo #8 (13'3") with a 500 grain Skagit flight head and a Type 6 Veristip. #10 leader ending in a #6 FIG, crafted by Doug Pendleton.

# LAST CALL RENEW YOUR MEMBERSHIP

To remain a member of WVFF,  
your 2013 dues must be paid by  
March 31st No Dues = No Fly Paper.

Mail a check payable to WVFF  
c/o Treasurer Bill Ward  
840 Briarwood Terrace,  
East Wenatchee, WA 98802





# OUTING SCHEDULE 2013



<i>Date</i>	<i>Location</i>	<i>Type of fishing and equipment needed</i>	<i>Additional information</i>
March 2 <sup>nd</sup>	Yakima River	Float and wade fishing. Pontoons	Skwala stonefly hatch. Water levels should be just right.
March 23 – 24 <sup>th</sup>	Lenice Lake or Quincy	Pontoon boats and float tubes	Try not to anger the wind Gods
April 6 <sup>th</sup>	Desert lakes	Hike in to premium lake fishing.	Will print a map when the time comes.
April 27 – 28 <sup>th</sup>	Blue Lake	Chironomids!	The traditional Blue Lake opener.
May ___ ?	We need some ideas for the May outing.	Perhaps something in bass waters.	Feel free to contact me with any ideas. Tom Whiteside Ph-663-8364 W8fwd@charter.net
June 8 – 9th	Big Twin Lake near Winthrop	Camping , fishing, Saturday BBQ Sunday pancake breakfast with Chef Kunzmann	What more needs to be said? Do your best to not miss this one.

## OUTING INFORMATION

Regarding the outing to Lenice Lake. The prospect is for the fishing to be similar to previous years. This is not such a bad thing as the lake has done well, although it's sometimes moody. The most important thing is to keep a positive attitude with regards to the wind. As in most of our lowland lakes, it's important to have some kind of floating device in order to fish the lake. At Lenice, it needs some degree of portability also. The fishing in the early spring leans heavily towards Chironomids and Bloodworms. In fact I usually start with a Chironomid with a Bloodworm on a dropper below that. I know that seems one dimensional, but it works often enough. Feel free to call or e-mail me for specifics. Tom 663-8364 [W8fwd@charter.net](mailto:W8fwd@charter.net)

The first class at the college is April 9. That means that we will be teaching the students knots on April 16. so we'll be asking for club helpers for that night. Gary is out of town, so I don't have the class schedule beyond that date. As soon as things warm up in May, I'll introduce a new program called "Wednesday Nights on the Heights." The idea is to break up the week with mini outings at Beehive, Springhill, and Upper Wheeler Reservoirs. I'll publish a schedule, so everybody can join in the afternoons or come up after work.

## WVFF GENERAL MEETING MINUTES FEBRUARY 21, 2013

General Meeting: President Tom Rowe called the meeting to order at 7:08 p.m.

General Reports:

- President: reminded members of the WVFF participation in the upcoming Wenatchee Valley Sportsmen Show, February 22-24, 2013, at Toyota Town Center.

- Treasurer: WVFF currently has \$21,000 in its accounts.
  - Membership: Eric Rainbolt reported that membership is now 82. He introduced new members Al Tuttle, Lloyd Woodard and Keith Murray.
  - Conservation: Don Bolstad is currently unable to serve as chairman of this committee due to health issues. There is an opening for anyone interested in assuming his duties.
  - Outings: Tom Whiteside reminded the members that the first outing of the year is scheduled for Saturday on the Yakima. He made suggestions for flies depending on temperatures. This outing provides for fishing that is easily accessed for good wading opportunities. For further outings information, members can refer to *The Fly Paper's* outings page.
  - Good of the Order: The 2012 Northwest Youth Conservation Academy participants were introduced by Al Smith. Rowdy Sanford and Patrick Alvarez shared their academy experiences and answered questions from members. Rowdy has applied to attend again in 2013 as Gillie. Of Note: There is a similar program available on the Big Horn River.
  - Publications: Newsletter Publisher Bruce Merighi announced Gaylen Willett as the winner of *The Fly Paper* editing competition. He's eager to hear member feedback and receive member written articles.
- Program: Gary Anderson introduced local district biologists Chad Jackson (Grant & Adams counties), Bob Winters (Okanogan Co.) and Travis Maitland (Chelan & Douglas Co.), who shared up-to-date information on local fisheries including Region 2 trout-stocking numbers. They provided detailed information and handouts about lakes in their counties and answered members' questions. Chad focused on water quality and fishing expectations, made suggestions about some often-overlooked opportunities (including some blast and cast) and concluded with an update of WDFW's current projects. Bob provided trout fishery summary data from Upper Entiat and Upper Wheeler. He thanked members who provided input. Travis discussed Lake Chelan cutthroat history, providing historical and current photographs and "future actions and recommendations" relating to the lake and its cutthroat population. President Rowe adjourned the meeting at 9:23 p.m. JoAnn Lane, WVFF Secretary 2-12-'13.

## **BOARD MEETING MINUTES MARCH 7, 2013**

President Tom Rowe called the meeting to order at 7:03 p.m.

Present: Gary Anderson, Eric Rainbolt, Steve Harvey, Danny Horan, Fred Kunzman, JoAnn Lane, Tom Rowe, Tom Whiteside, Rob Winters

Minutes from previous meeting: February General Meeting minutes were approved as amended.

Committee Reports:

- Treasurer: Acting Treasurer Fred Kunzmann reported that we currently have a balance of \$21,000. Fred will be assuming the responsibilities of this position until further notice. Al Smith will continue with accounting duties.
- Vice President: Rob Winters shared Pat Herdt's request for tiers for the Washington Fly Fishing Fair in Ellensburg May 3 and 4. She needs volunteer information by April 15. Those who can participate should contact Pat or Rob. In addition, he reported that Carl Pope of FFF requested different club signs to be displayed advising attendees of WVFF's participation. Rob suggested buying permanent signs for this purpose. The planned spring Methow tying event for kids has been cancelled by the school. That activity may be rescheduled for the fall. Grant County PUD is looking for someone to remove the boulder field above the hatchery to allow anadromous fish passage. Following a brief discussion, the board agreed to "keep an eye on" the issue.
- Membership: Eric Rainbolt will remove from the membership roster the names of those whose 2013 dues have not been paid by the first Monday following the March general meeting. The board also considered use of WVFF patches and non-usable name tags Eric is storing.
- Gillie: Danny Horan reported that there will be some excellent new print and digital additions to the library soon. Also, he will be contacting those members with materials out for longer than three months. A list of those titles will also appear in *The Fly Paper*.
- Programs: Gary Anderson reported the following program calendar: March-John Arterburn, #1 fisheries biologist for the Confederated Tribes of the Colville Reservation will be sharing information about the tribe's program and fishing opportunities on the reservation. April-Methow-area resident Richard DeLorenzo's topic will be "BC Steelhead Fishing on a Shoestring." In addition, the board discussed ideas for May and fall-winter programs.

- Outings: Tom Whiteside reported that the Yakima trip had great weather but not much fishing luck. Five members attended. Gary Bates will be hosting a May bass outing. He will tie flies prior to show members some successful patterns. Conservation/ Youth Activities: Rob Winters will be taking over the responsibilities for this committee.
- Publications: Bruce Merighi was absent.

Old Business:

- The Board discussed the request for a donation toward the Icicle Creek kiosk.
- Steve Harvey, who coordinated the WVFF's participation at the February Sportsman Show, shared a letter from Merle E. Shuyler thanking the club and expressing the hope we will participate again next year, February 21-23, 2014. Steve complimented the organizer's work. Gordy West, Rob Winters, Tom Whiteside, Danny Horan, Fred Kunzmann and Gary Anderson represented WVFF.
- Steve provided current information regarding Upper Wheeler. The Wenatchee Heights Reclamation District supports the club's presence. A conversation followed concerning a possible access road extension. Steve agreed to act as a liaison with the district.
- Fred shared information about efforts to purchase land near Beehive to insure continued access. will have additional information at the next meeting.

New Business:

- ALEA Grant – This grant project is to locate and map access easements on the Wenatchee River. The PUD purchased easements several years ago and later transferred them to WDFW.
- It was moved and seconded to provide \$500 to the Methow Valley Fly Fishers group to help with costs of aerating Little Twin Lake near Winthrop. The motion carried. The club will check next month to see how that project is progressing and if additional assistance is needed.
- A multimedia laser presentation remote will be purchased for use by program presenters.
- Fred will provide a requested donation letter for fly tying materials and fishing equipment.

Meeting adjourned at 8:27 p.m. JoAnn Lane, Secretary WVFF

## PRESIDENTS MESSAGE

The season is almost upon us. The time when we go afield to play our games, modeled on the old game of "eat what you kill" but gentrified with current technology and conservationist values. While some of our hearty comrades have been casting a line all winter, most of us are just now dusting off the gear for a low-land lake opener or a float down the Yakima. As we head out this spring it's important to keep in mind what my old friend Bill told me up on the Thompson one year, "it's only a game" and though we may play it with passion, at the end of the day, (especially a difficult day) there are no bad days, it remains only a game. It's what we do for fun. It's important to enjoy the activity, the process, and to not get too focused on the product. If we enjoy our natural surroundings, employ artful techniques however slightly, and keep our attention on the moment, we'll have had a good day. The rest is up to our quarry and best not to leave out, happiness, self-esteem and sanity. So as we head out this season let's play hard, play fair and remember it's only a game. Or is it?

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**Conservation**

*Don Retired ! Position Open*



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A FEDERATION OF FLY FISHERS  
AFFILIATED CLUB



## ***HAVE YOU SEEN THESE BOOKS ?***

No Shortage of Good Days - Longer Fly Casting  
Guide to better Fly Casting - The Dry Fly - Tying Small Flys  
Fly Fishing Trout Lakes - Nymph Fishing for Large Trout  
Flying and Fishing the Fly - Patterns of Bob Clouser  
Sex, Death and Fly Fishing - No Shortage of Good Days

***PLEASE RETURN BOOKS THAT ARE OVERDUE !***

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POST OR E-MAIL SUBMISSIONS TO THE EDITOR BY THE 1<sup>ST</sup> THURSDAY THE MONTH.